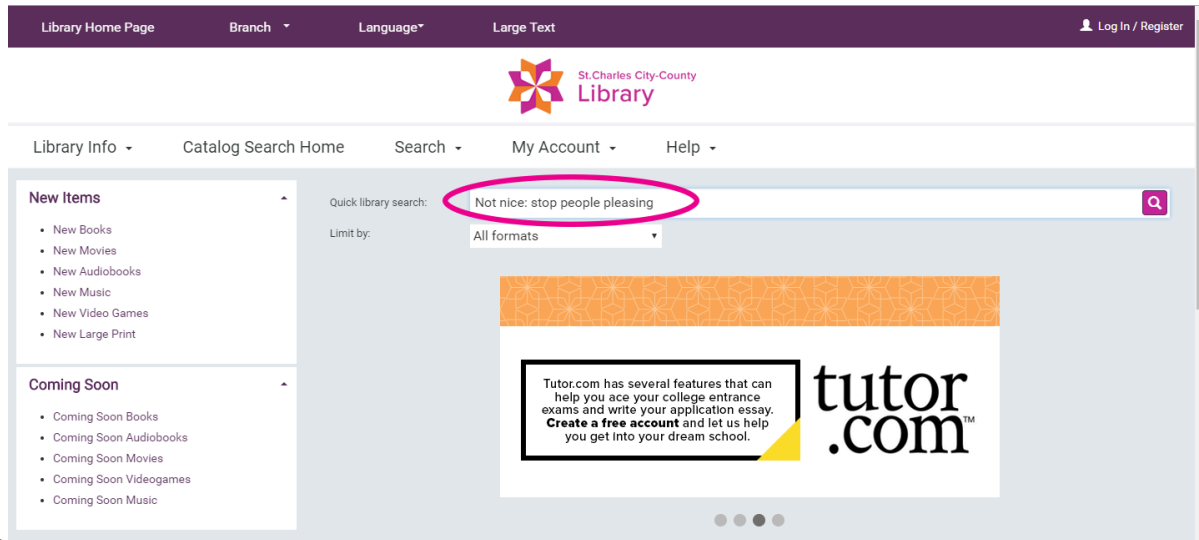


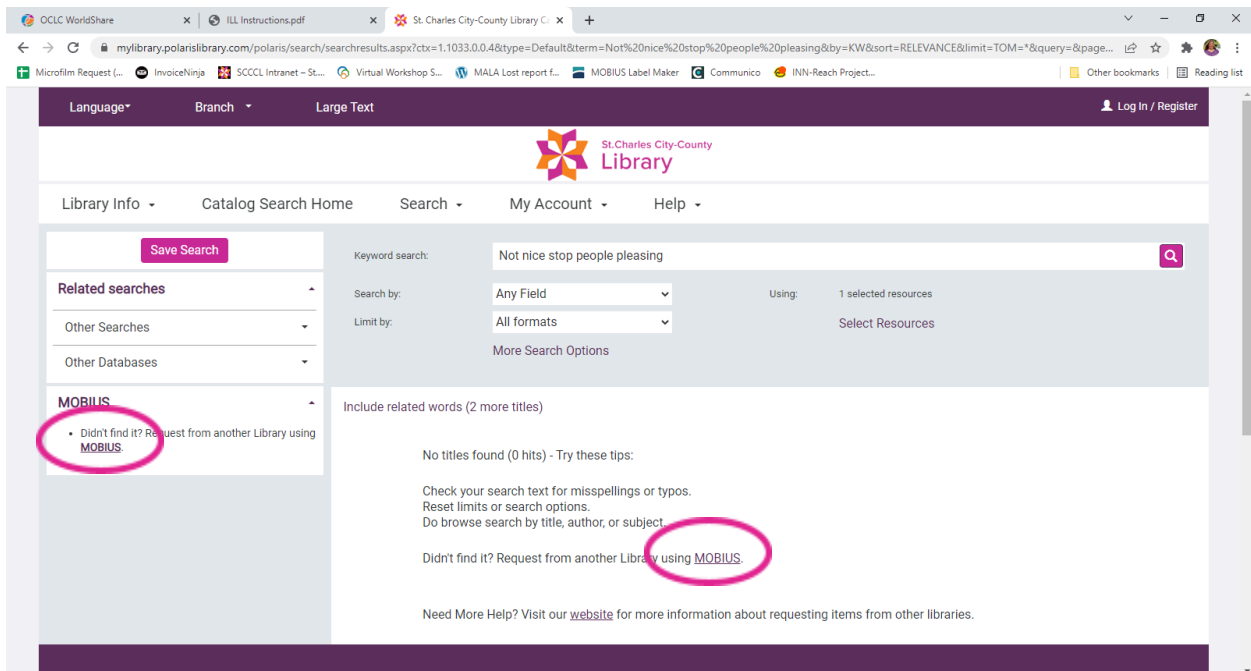
WorldCat Interlibrary Loan (ILL)

Before using WorldCat, you should try searching the Library catalog then the MOBIUS catalog. WorldCat is the last step in finding an item to borrow. WorldCat requests available in MOBIUS will be canceled.

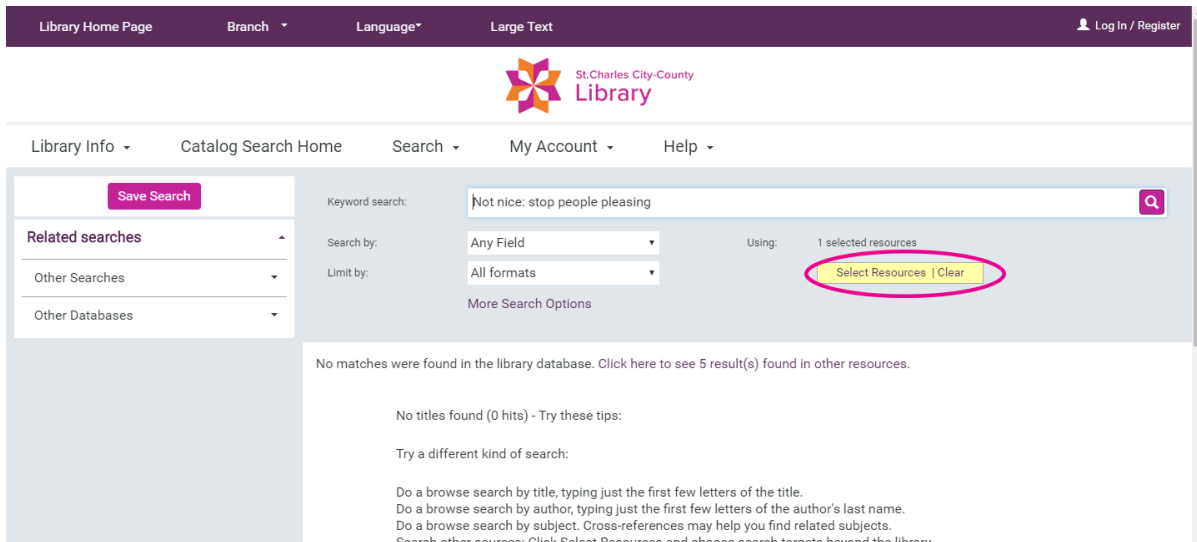
Using the Library Catalog, search for your item using the *Quick Library Search* bar.



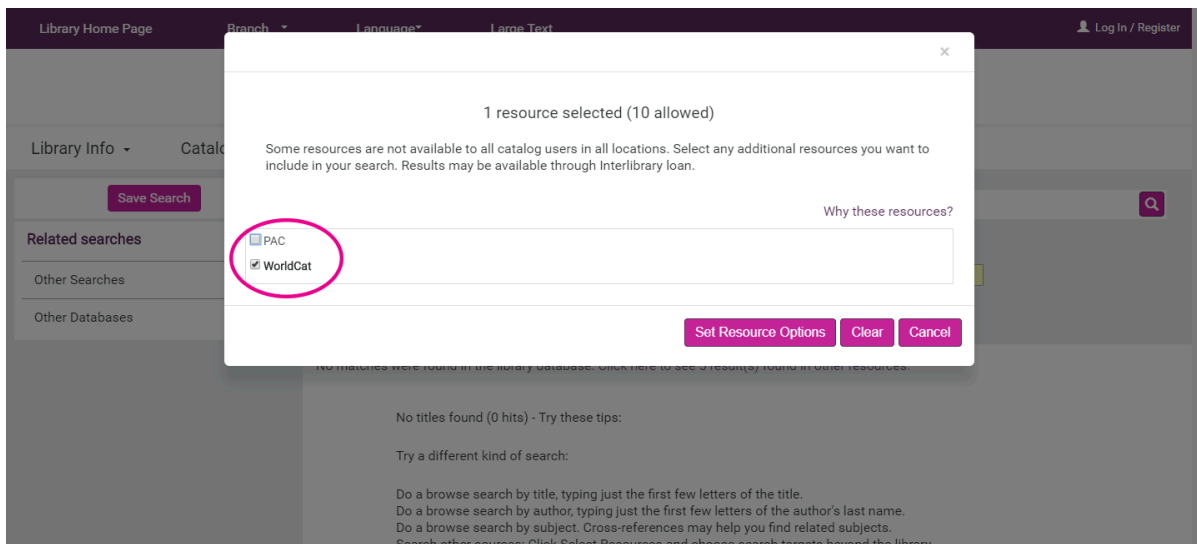
If your item does not appear, try MOBIUS. See Instructions [here](#).



If you still cannot find your item after searching MOBIUS, use the *Select Resources* button.



Check the box for WORLDCAT (Interlibrary Loan catalog). The box for PAC (Library catalog) may be checked or unchecked. Click *Set Resource Options* to search again.



In the results list, there will be a “Place Hold” button for the available options. Check the publication date and format, the total number of pages, and make sure the listed source is WORLDCAT. If all is correct, use the *Place Hold* button to request the item.


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1 - 5 of 5 PER PAGE SORT


All retrieved results have been added. [Search Status](#)


 2017


1. *Not nice : stop people pleasing*, staying silent, & feeling guilty ... and start speaking up, saying no, asking boldly, and unapologetically being yourself by Gazipura, Aziz, author.

... *Not nice : stop people pleasing*, staying silent, & feeling guilty ... and start speaking up, ...

Description: 503 pages : illustrations ; 23 cm

 Source: WorldCat

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Use your library card number and PIN/password to complete the request.

Please note: your ILL request cannot be completed if the format of your item is eBook, eAudio, or an online resource. (The *Place Hold* button may still be available, but the request will not be valid.)